

Bethesda Medical Centre

Travel Risk assessment form

Going abroad on holiday or on business?

You may need travel vaccinations, depending upon the country or countries you intend to visit. You may find it useful to contact one of the following who are able to provide you with other details specific to your destination

Foreign and Commonwealth Office: www.fco.gov.uk

Fit for Travel: www.fitfortravel.scot.nhs.uk

To help us advise you on the protection you need, please arrange to see a Practice Nurse at least 6 weeks before you travel. We regret we are unable to process your travel vaccinations if your holiday is less than two weeks ahead.

Not all vaccinations are available through the NHS: these are listed below with the relevant charges:

Yellow Fever	(single vaccine)		£55.00
Hepatitis B	(course 3 vaccine + blood test)		£150.00
Rabies	(course 3 vaccine)		£150.00
Meningitis ACWY	(single vaccine)		£70.00
Japanese Encephalitis	(course 2 vaccine)		£180.00
MMR			£15.00
Anti malaria drugs that require a prescription (i.e. Malarone) will attract a private prescription fee as well as any costs incurred at the pharmacy			

We accept cash, cheque or card payment.

Please complete this questionnaire and return it to us prior to consultation

Title & Name	
Address	
Post Code	
Telephone No.	Date of Birth
Are you a Bethesda Patient	Yes/No

TRAVEL RISK ASSESSMENT FORM – ideally to be completed by traveller prior to appointment.

Name:		Your country of origin:	
		Date of birth:	
		Male <input type="checkbox"/> Female <input type="checkbox"/>	
E mail:		Telephone number:	
		Mobile number:	
PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW			
Date of departure:		Total length of trip:	
COUNTRY TO BE VISITED	EXACT LOCATION OR REGION	CITY OR RURAL	LENGTH OF STAY
1.			
2.			
3.			
Have you taken out travel insurance for this trip?			
Do you plan to travel abroad again in the future?			
TYPE OF TRAVEL AND PURPOSE OF TRIP - PLEASE TICK ALL THAT APPLY			
<input type="checkbox"/> Holiday <input type="checkbox"/> Staying in hotel <input type="checkbox"/> Backpacking <input type="checkbox"/> Business trip <input type="checkbox"/> Cruise ship trip <input type="checkbox"/> Camping/hostels <input type="checkbox"/> Expatriate <input type="checkbox"/> Safari <input type="checkbox"/> Adventure <input type="checkbox"/> Volunteer work <input type="checkbox"/> Pilgrimage <input type="checkbox"/> Diving <input type="checkbox"/> Healthcare worker <input type="checkbox"/> Medical tourism <input type="checkbox"/> Visiting friends/family			<u>Additional information</u>
PLEASE SUPPLY DETAILS OF YOUR PERSONAL MEDICAL HISTORY			
	YES	NO	DETAILS
Are you fit and well today			
Any allergies including food, latex, medication			
Severe reaction to a vaccine before			
Tendency to faint with injections			
Any surgical operations in the past, including e.g. your spleen or thymus gland removed			
Recent chemotherapy/radiotherapy/organ transplant			
Anaemia			
Bleeding /clotting disorders (including history of DVT)			
Heart disease (e.g. angina, high blood pressure)			
Diabetes			
Disability			
Epilepsy/seizures			
Gastrointestinal (stomach) complaints			
Liver and or kidney problems			
HIV/AIDS			
Immune system condition			

	YES	NO	DETAILS
Mental health issues (including anxiety, depression)			
Neurological (nervous system) illness			
Respiratory (lung) disease			
Rheumatology (joint) conditions			
Spleen problems			
Any other conditions?			
Women only			
Are you pregnant?			
Are you breast feeding?			
Are you planning pregnancy while away?			
Have you undergone FGM / been cut / circumcised			

Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?

PLEASE SUPPLY INFORMATION ON ANY VACCINES OR MALARIA TABLETS TAKEN IN THE PAST					
Tetanus/polio/diphtheria		MMR		Influenza	
Typhoid		Hepatitis A		Pneumococcal	
Cholera		Hepatitis B		Meningitis	
Rabies		Japanese encephalitis		Tick borne encephalitis	
Yellow fever		BCG		Other	
Malaria Tablets					

Any additional information

Travel risk assessment form devised by Jane Chiodini © 2012 in conjunction with resources below.

1. Chiodini J, Boyne L, Grieve S, Jordan A. (2007) *Competencies: An Integrated Career and Competency Framework for Nurses in Travel Health Medicine*. RCN, London.
2. Field VK, Ford L, Hill DR, eds. (2010) *Health Information for Overseas Travel*. National Travel Health Network and Centre, London, UK.